# **School of Social Work – Student Resources**

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### **Health & Well-Being**

Physical, emotional/mental, spiritual, & sexual health

### **Student Wellness Centre (SWC)**

Medical or counselling appointments available

Website: <a href="https://wellness.mcmaster.ca/">https://wellness.mcmaster.ca/</a>

Email: wellness@mcmaster.ca (appt. cannot be booked through email)

Phone: 905-525-9140 ext. 27700

### **Indigenous Student Services**

Indigenous Student Services supports First Nations, Inuit, and Métis students attending

McMaster. Website: https://indigservices.mcmaster.ca

Contact: <a href="https://indigservices.mcmaster.ca/contact/">https://indigservices.mcmaster.ca/contact/</a>

## **Student Health Education Centre (SHEC)**

A peer-run health promotion, education, and referral service for McMaster University students

Website: https://www.msumcmaster.ca/services-directory/6-student-health-education-

centre-shec

Email: shec@msu.mcmaster.ca
Phone: 905.525.9140 ext. 22041

Location: MUSC 201

# **Chaplaincy Centre**

Pastoral support with personal counselling and bereavement support groups.

Website: https://www.mcmaster.ca/chaplain/

Email: chaplain@mcmaster.ca
Phone: 905.525.9140 ext. 24207

Location: MUSC 231

# Peer Support

#### Maccess

Peer support for students living with disabilities, mental health concerns, madness, chronic illness, and additional identities within the larger disability justice movement.

Website: https://msumcmaster.ca/maccess

Email: maccess@msu.mcmaster.ca

Location: MUSC B111

## Food Collective Centre (FCC)

Support for folks experiencing food insecurity

Website: https://www.msumcmaster.ca/services-directory/14-food-collective-centre

Email: fcc@msu.mcmaster.ca

\*Currently closed due to COVID-19

# **Pride Community Centre (PCC)**

Peer support for 2SLGBTQIA+ folks

Website: https://www.msumcmaster.ca/services-directory/9-pride-community-centre-pcc

Email: pride@msu.mcmaster.ca
Phone: 905-525-9140 ext. 27397

Hours: Monday-Friday 9:30 AM to 4:30 PM; Sat & Sun CLOSED

Location: MUSC 219/221

# **Student Walk Home Attendant Team (SWHAT)**

A volunteer service within the McMaster Students Union that will walk or bus with students during the evening hours 7 days a week

<u>Website</u>: <a href="https://www.msumcmaster.ca/services-directory/3-student-walk-home-attendant-team-swhat">https://www.msumcmaster.ca/services-directory/3-student-walk-home-attendant-team-swhat</a>

Email: swhat@msu.mcmaster.ca Phone: 905-525-9140 ext. 27500

Hours: 7pm-1am

Location: MUSC 234

#### Women and Gender Equity Network (WGEN)

Peer support for women, trans, and non-binary folks, and survivors of sexual violence.

<u>Website</u>: <a href="https://www.msumcmaster.ca/services-directory/46-women-and-gender-equity-network">https://www.msumcmaster.ca/services-directory/46-women-and-gender-equity-network</a>

Email: wgen@msu.mcmaster.ca
Phone: 905-525-9140 x 20265

Hours: Mon-Thurs 9:30am-6:30pm; Fri 9:30am-4:30pm; Sat & Sun CLOSED

Location: MUSC 204

#### **Sexual Violence**

Consultant on Sexual Violence Prevention and Response – Hagar Akua Prah

EIO representative who provides support, space for disclosure, and resources for survivors

Website: https://svrp.mcmaster.ca/

Email: prahh@mcmaster.ca

Phone: (905) 525-9140 ext. 20909

Hours: 9:00 am - 4:30 pm, Monday to Friday (or by appointment)

SVPRO staff are available to provide consultation and support for faculty, staff and

students through online/video or phone appointments.

### **Academic Support**

Tammy Maikawa – Administrator and Academic Advisor, School of Social Work

Email: millet@mcmaster.ca

Phone: 905-525-9140, ext. 23793

#### **Student Success Centre (SSC)**

Academic support, peer tutoring, and writing workshops

Website: https://studentsuccess.mcmaster.ca

Email: studentsuccess@mcmaster.ca

Phone: (905) 525-9140 x24254

<u>Hours</u>: Monday – Thursday: 9:00 a.m. – 4:30 p.m.; Friday: 9:00 a.m. – 4:00 p.m.

Location: Gilmour Hall 110

#### Student Financial Aid & Scholarships (SFAS)

Financial aid, scholarships, and bursary information. Drop-in financial aid counselling and emergency financial aid available.

Website: https://registrar.mcmaster.ca/financial-aid/

Email: sfas@mcmaster.ca

Phone: 905-525-9140 ext. 24319

Hours: Mondays, Wednesdays, & Thursdays 9am-4pm; Tuesdays 10am-4pm; Friday

9am-3pm

Location: Gilmour Hall, 108

### **Complaint Resolution**

### **Equity and Inclusion Office (EIO)**

Works closely with staff, students and faculty members to advance equity and inclusion by promoting an environment of respect, safety, collegiality and openness

Website: https://equity.mcmaster.ca/

Email: equity@mcmaster.ca Phone: 905.525.9140 x 27581

Hours: 9:00 am - 4:30 pm, Monday to Friday (or by appointment)

Location: UH 104

#### **Ombud's Office**

Provides impartial, independent, and informal dispute-resolution advice and assistance to all members of the University community

Website: https://www.mcmaster.ca/ombuds/

Email: ombuds@mcmaster.ca

Phone: (905) 525-9140 ext. 24151

Location: MUSC 210

# **Accessibility**

# **Student Accessibility Services (SAS)**

Academic accommodations for students with disabilities

Website: https://sas.mcmaster.ca/

Email: sas@mcmaster.ca

Phone: (905) 525-9140 ext. 28652

Hours: Monday to Thursday: 9:00am to 8:00pm; Friday: 9:00am to 4:30pm

Location: MUSC B107

#### Maccess

Peer support for students living with disabilities, mental health concerns, madness, chronic illness, and additional identities within the larger disability justice movement.

Website: https://msumcmaster.ca/maccess

Email: maccess@msu.mcmaster.ca

Location: MUSC B111

### Social Work Specific Resources

If you have concerns about your classes or the program:

Chris Sinding –Director

Email: sinding@mcmaster.ca

Sandra Preston – Undergraduate Chair

Email: prestosl@mcmaster.ca

Tammy Maikawa – Administrator and Academic Advisor, School of Social Work

Email: millet@mcmaster.ca

Phone: 905-525-9140, ext. 23793

Lorna O'Connell – Undergraduate Admissions and Field Administrative Assistant

Email: oconnell@mcmaster.ca

Phone: 905-525-9140, ext. 23795

If you have concerns about your placement:

Janice Chaplin - Field Education Coordinator

Email: chaplin@mcmaster.ca

Phone: 905-525-9140, ext. 23780

Jennie Vengris – Field Education Development

Email: vengris@mcmaster.ca

Phone: 905-525-9140 ext. 23784

If you are seeking peer support within the faculty

### **Disability Action Group (DAG)**

Support and advocacy for students living with disabilities

Email: Calvin Prowse (BSW student): <a href="mailto:calvinprowse@gmail.com">calvinprowse@gmail.com</a>

#### **Social Work Student Collective (SWSC)**

Facilitating academic and social events for social work students to promote engagement and inclusion

Website: https://www.facebook.com/pg/mcmasterswsc

Email: mcmasterswsc@gmail.com

### Social Work Queer Trans (SWQT)

Group for queer and trans students to get together to connect, share support, and discuss ways to queer social work education and enhance our experience of social work education.

Email: dsavoy@mcmaster.ca

### **United in Colour (UIC)**

Peer support, education, and advocacy for racialized, BIPOC social work students

Website: https://www.facebook.com/UnitedInColour/

Email: unitedincolourmac@gmail.com or Ameil Joseph (faculty) ameilj@mcmaster.ca

### **Undergraduate Committee Representatives**

3<sup>rd</sup> and 4<sup>th</sup> year students that attend meetings with the undergraduate chair to voice student concerns

→ To get in touch with your 3<sup>rd</sup> and 4<sup>th</sup> year reps, please contact Sandra Preston, undergraduate chair.